



**Public Health**  
Prevent. Promote. Protect.  
Richland County Health Department

# Policy and Procedure Manual

## Richland County Health Department

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**SECTION:** Jail

**POLICY #:** 226

**SUBJECT:** Naloxone (Narcan) Nasal Spray Administration

**POLICY:** Naloxone (NARCAN) is a medication that can reverse the effects of an opioid overdose. Opioids are a class of drugs that include heroin and prescription pain relievers such as Oxycodone, OxyContin, Hydrocodone, Vicodin, Morphine, Fentanyl, Methadone, or Suboxone. This class of drugs does not include marijuana or methamphetamine. Store NARCAN Nasal Spray at room temperature and protect from light. Do not freeze NARCAN Nasal Spray. Each NARCAN Nasal Spray has 1 dose and cannot be reused. You do not need to prime NARCAN Nasal Spray.

**PROCEDURE:**

1. Observe client for signs of opioid overdose:
  - a. Clammy face without color, may be vomiting or gurgling noise
  - b. Body is limp
  - c. Fingernails and/or lips have a blue or purple color
  - d. Unresponsive, cannot be awakened
  - e. Breathing is slow, shallow, or gasping
  - f. Heartbeat is slow
2. Check client for responsiveness by tapping them on the shoulders and shouting, "Are you okay?"
3. If no response, call 911.
4. Retrieve NARCAN kit and apply gloves.
5. Lay the person on their back.
6. Remove NARCAN Nasal Spray from the box and peel back the package to remove the device.
7. Hold the NARCAN Nasal Spray with your thumb on the bottom of the plunger and two fingers on either side of the nozzle.
8. Tilt the person's head back and provide support under the neck with your hand.
9. Press and hold the tip of the nozzle in one nostril until your fingers touch the bottom of the client's nose.
10. Press the plunger firmly to release the entire dose into the client's nose.
11. Remove the NARCAN Nasal Spray from the nostril after giving the dose.
12. Move the person to their side (recovery position) after giving the dose and monitor breathing.
13. Repeat with another NARCAN dose in the other nostril in 2 to 3 minutes if not waking or breathing. Additional NARCAN doses can be administered if available until emergency medical services arrives.
14. Provide CPR if needed.

**REFERENCE:** Patient Information NARCAN Nasal Spray; Instructions for Use,  
[www.prevention.nd.gov/stopoverdose](http://www.prevention.nd.gov/stopoverdose)

**ATTACHMENT:** Patient Information NARCAN Nasal Spray; Instructions for Use

**HISTORY:** Effective: 2/21/19



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## Richland County Health Department

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3/4/19

The jail has free Naloxone or NARCAN available for anyone at risk for opioid overdose or have a family member or friend that may be at risk for an opioid overdose. Examples of opioids are:

- Heroin
- Oxycodone
- Oxycontin
- Hydrocodone
- Symboxone

NARCAN does NOT help for any overdoses due to alcohol, meth, marijuana, or anxiety medications.

If interested in getting an opioid overdose rescue kit upon release from jail, let a correctional officer or the nurse know. There will be some education on how to use the kit.

Carol, RN